

First Café at First Presbyterian

Spring 2019

Dinner: 5:30 p.m.

Christian Education : 6:15-7:15 pm



*Anchored in Grace.
Moved to Mission.*

FIRST PRESBYTERIAN

Feed your body with home cooked food.

Feed your soul with community around the table.

Feed your mind and your spirit with excellent speakers.

Your midweek anchor of grace.

Welcome to First Café for Spring 2019!

As a new year begins we often search for ways to deepen our faith and reground ourselves. First Café is one of the more unique ways at FPC where you can do that. This Spring we are emphasizing not only the table fellowship that fills our bodies, but also the ways we can deepen our faith and fill our minds. If you have not been in the habit of staying on Wednesdays, we invite you to try this semester. Who says spiritual disciplines have to be boring?

We ask you to call the church office to make a reservation so we can make sure we have enough food for everyone. Some your favorites such as Cuban Pork, Chicken Parmesan Casserole and Breakfast for dinner are back! And we have some new favorites including a Mediterranean feast on Maundy Thursday that will be great!

Our speakers include some local favorites such as Dr. Katherine Drew presenting about Mental Health and Families, Ron Sapp describing the pivotal year of 1968, and Maurie Duggar sharing news and information from Camp Montgomery. We also are excited to welcome Susan Tallman, who is a breast cancer survivor sharing about her journey; Ron Price and Jeff Packard speaking about some of the customs, rituals, and practices of the Jewish faith, and a panel of local physicians answering your questions about self care and stewardship of our bodies.

You are invited to make Wednesday night at First Café the spiritual anchor for your week. Dinner starts at 5:30, classes for all ages begin at 6:15. We hope to see you here!

Pastor Wain Wesberry

Associate Pastor Julie Jensen

Spring 2019 Adult Classes, Speakers, and Menu

Jan 9 *Ham, Mac and Cheese, Broccoli, Coconut Cake*

Susan Tallman: "Coping When Chaos Strikes"

Susan is a funny and engaging two-time cancer survivor, ruling elder at First Presbyterian Church, Clinton, SC, married to Jeff (golf pro), has 3 children all in their 20s, and is a graphic designer. Come hear her story of diagnosis, resilience, community, and faith.

Jan 16 *Meatloaf, Mashed Potatoes, Green Beans, and Black Forest Cake*

Ron Sapp: "1968"

1968 was a pivotal year for this country. From race riots to the space race and Vietnam, this year is arguably one of the most historic in American History. Ron is a lifelong Fernandian, seasoned educator, historian, public servant, and columnist, who has been a City Commissioner, Mayor, and legendary tomato grower. He is married to Casey with two daughters.

Jan 23 *Cuban Pork, Yellow Rice, Black Beans, and Fruit Trifle*

Susan Steger: "Church & Town History Night"

Susan is a local native, editor of the *Fernandina Observer*, a ruling elder at FPCFB, who has served as a City Commissioner, Mayor, and retired from a career in the banking industry. She has two sons and loves local history.

Jan 30 *Pizza, Salad, Brownies*

"Stop the Bleed"

Come learn about how churches can be prepared when the worst happens. The church must be vigilant and prepared as we lead people in Jesus' name to become peacemakers. Violence affects us in church and culture, and this program aims to foster a spirit of readiness for all who attend.

Feb 6 *Fried Chicken, Baked Beans, Fruited Coleslaw, Banana Pudding*

Dr. Katherine Drew “Families and Mental Health Issues”

Katherine is a life-long member of FPCFB and earned her doctorate from Florida State in 2012 in Clinical Psychology. She is CEO of Florida Psychological and Associates, is married to John Drew, and they have one child.

Feb 13 “Chili Cook-off / Cookie Bake-off”

Just in time for Valentine's Day! Come dazzle taste buds with your best chili recipe and compete to become our Master Chili Chef! Drawings for dozens of prizes; ticket sales fund Family Camp the last weekend in April.

Feb 20 *Beef Stroganoff, Pasta, Vegetable Medley, and Berry Cobbler*

Marie Dugger “Montgomery Center Night”

When was the last time you went to summer camp, a youth retreat or a family retreat at Montgomery? Chances are you saw that we needed some... well... love and attention! Maurie is the new Development Director at Montgomery and she is excited to tell you all about the changes that are happening “under the oaks” and how you can get involved with this place that is so special to many of us.

Feb 27 *Breakfast for Dinner! Breakfast Casserole, Sausage, Bacon, Grits, Biscuits, Fruit Salad*

Forrest Foxworth “The Big Lent Event”

Our Director of Youth & Families will lead us in a variety of activities for all ages to help us experience Lent in all its fullness as we prepare for Easter as we walk in faith with Jesus.

March 6 *Vegetable Beef Soup, Salad*

Ash Wednesday Worship

We will have a worship service at **5:30 pm in the sanctuary** where we will offer the imposition of ashes and the sacrament of the Lord's Supper. We will then have a meal together in the fellowship hall to begin the Lenten journey together.

March 13 *Roasted Chicken, Au Gratin Potatoes, Broccoli, Spinach Salad, Rolls, Chocolate Mousse*

Ron Price & Jeff Packard "Jewish Heritage"

Ron and Jeff are active in the local community of Jewish people and will come and share some of the unique features of the faith. Come and learn about the beliefs, festivals, rituals, and practices of Judaism.

March 20 **No First Café—Enjoy Spring Break**

March 27 *Subway Sandwiches, Salad, Dessert*

Jack Meeks, "An Emerging Faith"

Jack is an accountant who for years has been an expert witness for financial fraud cases in the state. He is also a ruling elder here at FPCFB who served many times as Treasurer. He recently chair of the "Generations of Generosity" capital campaign. He is an avid reader, and is married to Joann.

April 3 *Chicken Parmesan Casserole, Green Beans,*

Marjorie Clark "St. Matthews Kirk, Perth, Scotland"

She is a life-long Presbyterian from a strong faith family. She worships at our sister church, St. Matthews and has many responsibilities in the Presbytery of Perth in Education and Outreach. Come meet her and learn about our sister church and how God is moving in the larger church.

April 10 *Taco Night*

Health Care Panel

We believe that our bodies are a gift from God and we are called to care for them as we are called to care for everything God has given us. Many people give up foods for Lent in an attempt to refocus their spiritual and health lives. Come and talk about optimal nutrition, health, and wellness. Bring any general questions you have. Featuring Bruce West, Peter Williams, Catherine and Sam Featherston, and other local care providers.

April 18 *Mediterranean Meal* (NOTE—THIS IS THURSDAY NOT WEDNESDAY)

Holy Week ~ Maundy Thursday Special Meal and Worship Service

Come to experience a New Testament themed family style feast as we taste some of the foods of the East and learn about Holy Week when Jesus gave us the new command to love. We will celebrate the Sacrament of our Lord's Supper together during worship, sing, and pray.

First Café Weekly Schedule

4:30 pm Presbybells Rehearsal

The Presbybells practice weekly and play once a month in worship. New ringers are always welcome to join us!

5:30—6:15 pm Dinner served in Jim Thomas Hall

6:15—7:15 pm Christian Education for all ages

Birth—4 years: Nursery and Toddler Care in the Compass

K-5th Grade: The Lord's Prayer - one of the first prayers your child learns. Sign up for eight sessions exploring this prayer through music, art, games, drama, science and more. Contact Jerie Lukefahr.

6th Grade—High School: Youth Group in the Anchor (youth blurb)

Adult Education: In Jim Thomas Hall

6:30—8:00 pm: Chancel Choir Rehearsal in the Choir Room (near 5th Street Parking Lot)

Come and make a joyful noise with us as we practice music that is sung to the glory of God in worship each week. We sing a variety of music that ranges from the sacred to old spirituals, gospel and folk. There are opportunities to sing in special ensembles; if you play a musical instrument please let our choir director Gabi Steggmann know.

Weekly Dinner Rates:

Adults and Youth: \$7.00

Children Ages 5-11: \$3.50 each

Children Birth—4 No Charge

Family Max: \$20.00

To assist with planning, a discount is offered to those who register for the 14 week series and pay in advance.

Adults/Youth: \$84 (\$6.00 per week)

Children: \$42 (\$3.00 per week)

Family Rate: \$252 (\$18.00 per week)

You may pay for the series at the door with check or using the kiosk, or online.



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FIRST PRESBYTERIAN

**First Presbyterian Church is a Stephen
Ministry Congregation in the Presbyterian
Church (USA)**

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Rev. Julie A. Jensen, Associate Pastor

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