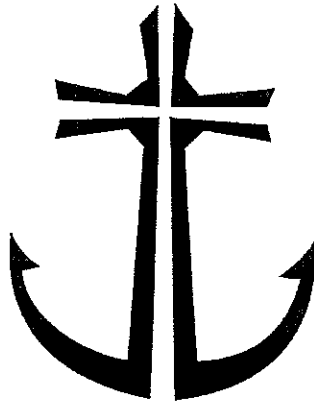


# First Café at First Presbyterian

Winter/Spring 2020

Dinner: 5:30 p.m.

Christian Education: 6:15-7:15 p.m.



*Anchored in Grace.  
Moved to Mission.*

**FIRST PRESBYTERIAN**

Feed your body with home cooked food.

Feed your soul with community around the table.

Feed your mind and your spirit with excellent speakers.

Your midweek anchor of grace.

# Welcome to First Café for Spring 2020!

As a new year begins we often search for ways to deepen our faith and reground ourselves. First Café is one of the more unique ways at FPC where you can do that.

We begin this season with Licensed Social Worker Susan Lee. She has developed a grant for the Presbytery called **Comfort My People** which is centered around mental health awareness. Susan will share how we can use what we have to develop mental health ministries. **This Spring we are considering the tasks of discipleship**—how does our “spiritual type” affect how we experience worship, service, and our relationship with God? For Lent, we will use the new study from Adam Hamilton called **“The Walk”**. After Lent look for a report form our Cuba mission team.

We are excited to welcome back Chef Kenny Pickett and our faithful volunteers for this season. Some your favorite meals such as Cuban Pork, Lasagna, and Breakfast for dinner are back! We also will have the Maundy Thursday Mediterranean Meal and worship service.

You are invited to make Wednesday night at First Café the spiritual anchor for your week. Dinner starts at 5:30, classes for all ages begin at 6:15. We hope to see you here!

Pastor Wain Wesberry

Associate Pastor Julie Jensen

## **First Café Weekly Schedule**

### **4:30 pm Presbybells Rehearsal**

The Presbybells practice weekly and play once a month in worship. New ringers are always welcome to join us! Contact Linda Laine at [linlaine@comcast.net](mailto:linlaine@comcast.net).

### **5:30—6:15 pm Dinner served in Jim Thomas Hall**

### **6:15—7:15 pm Christian Education for all ages**

- **Birth—3 years: Nursery and Toddler Care in the Compass**
- **PreK-5th Grade: Activities and education in the Compass**
- **6th Grade—High School: Youth Group in the Anchor**

Middle School & High School students meet in the Anchor each Wednesday. We do all kinds of things together: read the Bible, catch up, contemplative exercises, community building, and more. We provide a safe space to connect with God and each other.

- **Adult Education: In Jim Thomas Hall**

### **6:30—8:00 pm: Chancel Choir Rehearsal in the Choir Room (near 5th Street Parking Lot)**

Come make a joyful noise with us as we practice music that is sung to the glory of God in worship each week. We sing a variety of music that ranges from the sacred to old spirituals, gospel and folk. There are opportunities to sing in special ensembles; if you play a musical instrument please let our choir director Gabi Steggmann know by e-mailing [gabidelasca@gmail.com](mailto:gabidelasca@gmail.com).

## **Spring 2020 Adult Classes and Menus**

(Your meal includes salad, bread, and dessert )

**Jan. 8**                    *Meatloaf, Mashed Potatoes, Peas*

### **Susan Lee, LSCW “Comfort My People”**

Susan is the facilitator for the Presbytery of Saint Augustine’s Mental Health Grant. Join her tonight as she shares how congregations can begin their own Mental Health Programs using the people and tools we already have.

**Jan. 15**                    *Fried Chicken , Scalloped Potatoes, Green Beans*

### **Pastor Julie Jensen Discover your Spiritual Type Week 1**

How do you best connect with God? What is your spiritual type? Join pastor Julie for this 5 week conversation about how we engage God based on our personalities. No book required, and if you miss a week it’s Ok! This week we will take an inventory to discover your “type” and learn what that means for us as we encounter God.

**Jan. 22**                    *Pulled Pork, Mac 'n Cheese, Veggie Medley*

### **Pastor Julie Jensen Discover Your Spiritual Type Week 2**

Now that you know the fancy name for how you relate to God, let’s practice. Tonight we explore what it means to have an “intellectual” spirituality. We will learn and participate in a practice together.

**Jan. 29**                    **Chili Cookoff and Cookie Bakeoff!**

Bring your favorite pot of chili or cookies to share. Who will win the coveted FPC apron this year? Look in the bulletin and January newsletter for entry details.

**Feb. 5**            *Chicken and Dumplings, Broccoli*

**Pastor Julie Jensen Discover Your Spiritual Type Week 3**

Learn what it means to have a “heart” spirituality. What does this mean for how you worship? After conversation, we will participate in a spiritual practice that embodies this way of connecting with God.

**Feb. 12**            *Steak with Gravy, Rice, Green Beans*

**Pastor Wain Wesberry Discover Your Spiritual Type Week 4**

Learn what it means to have a “mystical” spirituality. What does this mean for how you pray and how you worship? Enjoy an opportunity to experience prayer that is more mystical as we connect with God.

**Feb. 19**            *Early Fat Tuesday! Breakfast pancakes, sausage, scrambled eggs, biscuits, and fruit (no salad/bread)*

**Pastor Julie Jensen Discover Your Spiritual Type Week 5**

**Outreach Committee—Cuba Partnership Presentation**

Two topics in one! We will finish our study of *Discover Your Spiritual Type*, and then hear the latest from our Mission Team who will have just returned from Cuba.

**Feb. 26**            **Ash Wednesday**  
*Soup, bread, cookies*

**Ash Wednesday Worship**

Join us in the sanctuary for traditional Ash Wednesday worship, with the imposition of the Ashes as we enter into Lent.

## Lenten Study: March 4-April 1

Join us in Jim Thomas Hall as we use the new study by Adam Hamilton entitled "**The Walk**".

### From the Publisher:

"How do we walk with Christ—daily follow him, grow in him, and faithfully serve him? In the Gospels, Jesus modeled for us the Christian spiritual life. The apostles taught it in their writings, and the Church has, through the last 2,000 years, sought to pursue this Christian spiritual life.

In *The Walk*, Adam Hamilton focuses on five essential spiritual practices that are rooted in Jesus' own walk with God and taught throughout the New Testament. Each of these practices is intended as part of our daily walk with Christ while also being an essential part of growing together in the church.

In each chapter, Hamilton explores one of these practices, its New Testament foundation, and what it looks like to pursue this practice daily in our personal life and together in the life of the church. Deepen your walk with Christ as we explore the five essential practices of worship, study, serving, giving, and bearing witness to our faith."

Books will be available for a suggested donation of \$10 to help offset the cost. As always, this is on the honor system. If you are unable to afford a book, please take one anyway and join in the study. If you can give a little more to cover someone else, please do.

**Mar. 4**            *Baked Chicken, Rice Pilaf, Peas*

**Mar. 11**          *Cuban Pork, Black Beans, Yellow Rice*

**Mar. 18**          **SPRING BREAK. NO FIRST CAFÉ**

**Mar. 25**          *Lasagna*

**Apr. 1**            *Teriyaki Chicken, sticky rice, oriental vegetables*

**THURSDAY April 9**

**New Testament Meal and Maundy  
Thursday Worship**

**Reservations required. Please contact the church office by April 1 to reserve your seat.**

**Apr. 15**      *Chicken & Dumplings, Broccoli*

**Elder Jerie Lukefahr**

**Spiritual Gifts for Parents**

*Designed especially for parents, but applicable to everyone, come learn about your specific spiritual gifts, and how to use them in your everyday life.*

**Apr. 22**      *Meatloaf, Mashed Potatoes, Peas*

**Elder Jerie Lukefahr**

**Spiritual Practices for Church Groups**

**Apr. 29**      *Lasagna*

**Evening Prayer and Special Music with Pastor Wain's "Saltire" Quartet.**

As we end the program year, come for an hour of good music and a time for prayer as you anchor your week in God. John Drew sings bass. Chad Miller and Wain Wesberry sing baritone, Jeff Griden-Thomas sings Tenor. They perform a mix of gospel, patriotic, and folk tunes.

**Weekly Menus at a Glance**

Jan. 8: Meatloaf

Jan. 15: Fried Chicken

Jan. 22: Pulled Pork

Jan. 29: Chili Cookoff and Cookie Bakeoff

Feb 5: Chicken and Dumplings

Feb 12: Steak and Gravy

Feb. 19: Breakfast for Dinner

Feb. 26: Ash Wednesday Soup

Mar. 4 Baked Chicken,

Mar. 11: Cuban Pork

**Mar. 18: SPRING BREAK. NO FIRST CAFÉ**

Mar. 25: Lasagna

Apr. 1: Teriyaki Chicken

**THURSDAY April 9: Maundy Thursday New Testament Meal. Reservations required.**

Apr. 15: Chicken and Dumplings

April 22: Meatloaf

April 29: Lasagna

### Weekly Dinner Rates

Adults and Youth: \$10.00

Children Ages 5-11: \$5.00 each

Children Birth—4 No Charge

Family Max: \$25.00

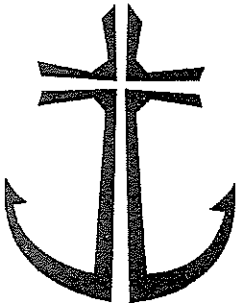
To assist with planning, a discount is offered to those who register for the 15 week series and pay in advance (this does NOT include the Chili Cookoff which is a Family Camp fundraiser).

Adults/Youth: \$127.50 (\$8.50 per week)

Children: \$60 (\$4.00 per week)

Family Rate: \$345 (\$23.00 per week)

You may pay for the series at the door with check or using the kiosk, or online. **Please note that everyone is welcome at the table and we will not turn anyone away.**



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**FIRST PRESBYTERIAN**

**First Presbyterian Church is a Stephen  
Ministry Congregation in the Presbyterian  
Church (USA)**

**Rev. Dr. Wain Wesberry, Pastor**

**Rev. Julie A. Jensen, Associate Pastor**

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